



# ADULT SKATING CLINIC

## ICETIME SPORTS COMPLEX

21 LAKESIDE RD NEWBURGH

Open to all levels of skating, 15 years of age and older. This Adult Skating Clinic is designed for both beginner and experienced adult skaters who wish to improve their skating skills. The program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques.

July 18<sup>th</sup> - August 29th  
Saturdays  
11:15am - 12:15pm

**\*Remember your gloves and dress in layers- it may be hot outside but it's cool in the rink!**

Walk in fee \$40

7 Session Fee \$245

Email: [jackie@icetimesports.org](mailto:jackie@icetimesports.org)

**REGISTER  
NOW**

